

*Fitness*

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**COMMANDER'S TROPHY POINTS SYSTEM**

This trophy was created to promote fitness and esprit de corps in Altus Air Force base Squadrons by stimulating interest and participation in the base intramural sports program. It is awarded annually to the unit that has earned the most points during the sports year.

6-1. AWARD OF TROPHY: The trophy is a rotating award moving to the new winner after each sports year. Units may earn permanent possession of a special trophy when they have won the annual award three consecutive years.

6-2. POINT SYSTEM:

a. Sports used to accumulate points for the Commander's Trophy are as follows:

Basketball	Volleyball
Wallyball	Bowling
Horseshoes	Softball
5K Runs	Racquetball
Flag Football	Golf
Tennis	(Meetings)

b. A category will be attributed to each squadron based upon its number of military and civilian personnel assigned to that squadron at the beginning of each league. This data is taken from the Unit Personnel Manning Roster (UPMR) and Civilian Personnel Office (CPO). The following manning strengths will be used to determine the categories assigned to each squadron at the beginning of each intramural league.

CATEGORY		NUMBER OF PERSONNEL ASSIGNED
1	=	201 & Above
2	=	151 – 200
3	=	101 – 150
4	=	1 – 100

c. Ten points will be awarded to each squadron for each team in a league (20 point maximum).

d. Before league play, the Fitness Center must have it in writing the team which will be designated to play for the Commander's Trophy Points. All other teams will not be considered for play-off points. All teams entered are subject to penalty points.

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6-3. **PLAY-OFF POINTS:** The following point system will be used to award points according to category and placing in the top 4 positions if there are 13 teams or less entered into the league or the top 6 teams if there are 14 or more teams entered in the league.

PLACE	CATEGORY			
	1	2	3	4
1	44	46	48	50
2	36	38	40	42
3	28	30	32	34
4	20	22	24	26
5	12	14	16	18
6	4	6	8	10

6-4. **SPORTS ADVISORY COMMITTEE POINTS:** Each squadron will provide the committee two sports representatives (primary and alternate). One representative must attend each scheduled/emergency meeting. Five points are awarded for attendance.

6-5. **FORFEITS:** If a team had two consecutive forfeits or three forfeits throughout the league, this will constitute a loss of the original ten points for entry, plus a loss of an additional five points, for a total of 15 points.

6-6. **CHANGES TO TROPHY SYSTEM:** Sports may be added or deleted to the Commander's Trophy Point system as interest dictates. This must be done by the majority vote of the Sports Advisory Council.

6-7. **REPORT OF STANDINGS:** A report of a unit's current standings in the system will be forwarded to all Sports Advisory Committee members after each league has been completed. The standings will also be posted at the Base Fitness Center.

6-8. **LETTERS OF INTENT:** Team entries will not be accepted after one week prior to scheduled league play.

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